

HELP US SHAPE THE FUTURE OF

children's wellbeing

We're **Rain & Shine** - a passionate team creating a new resource to **help young children build emotional resilience** and mental wellbeing skills.

HAVE YOUR SAY...

We're looking for parents to share their thoughts and experiences through a short online focus group

Your voice will directly help shape a tool designed to support children's happiness, confidence, and wellbeing!

IF YOU HAVE A CHILD **AGED 5-11**
SIGN UP NOW!

More detailed info can be found on the sign up form!



SCAN ME

CONTACT
US AT:



rainandshine.app



hello@rainandshine.app